



Every piece of the SportsArt Fitness Strength Series provides the premium components, ergonomics, and superior biomechanics you would expect from a world class manufacturer. In addition, each unit provides integrated incremental weights, magnetic selector pins, and fully shrouded weight stacks. Most pieces have gas assisted seats as well as convenient ROM and range limiter adjustments. Pressing stations offer split resistance and converging axis design.

In short, the new SportsArt Fitness Strength Series puts every feature you have ever wanted in a selectorized line, adds several new innovations, and wraps it in a visually appealing package that will enhance any facility.



## Strength Specifications

General Specifications	Product Number	Dimensions	Stack Weight
Independent Chest Press	A915	L: 55", W: 60", H: 78"	220 lbs.
Independent Shoulder Press	A917	L: 57", W: 63", H: 70"	286 lbs.
Lateral Raise	A919	L: 55", W: 63", H: 70"	132 lbs.
Lat Pull Down	A926	L: 51", W: 65", H: 84"	220 lbs.
Pullover	A923	L: 71", W: 49", H: 70"	264 lbs.
Assisted Chin/Dip	A911	L: 55", W: 46", H: 105"	220 lbs.
Low Row	A918	L: 82", W: 34", H: 77"	264 lbs.
Pec Fly/Rear Delt	A922	L: 51", W: 60", H: 77"	220 lbs.
Back Extension	A932	L: 59", W: 65", H: 70"	242 lbs.
Leg Extension	A957	L: 63", W: 51", H: 70"	220 lbs.
Glute	A955	L: 48", W: 48", H: 70"	176 lbs.
Lying Leg Curl	A958	L: 79", W: 51", H: 70"	220 lbs.
Leg Press	A956	L: 87", W: 59", H: 77"	220 lbs. (1:2 ratio equal 440 lbs)
Abduction	A951	L: 65", W: 44", H: 70"	264 lbs.
Adduction	A952	L: 65", W: 55", H: 70"	264 lbs.
Biceps Curl	A912	L: 42", W: 46", H: 70"	220 lbs.
Triceps Extension	A925	L: 65", W: 46", H: 70"	220 lbs.
Independent Lat Pull Down	A916	L: 57", W: 34", H: 83"	220 lbs.
Mid Row	A921	L: 63", W: 51", H: 78"	220 lbs.
Pec Deck	A933	L: 55", W: 61", H: 70"	220 lbs.
Abdominal Crunch	A931	L: 44", W: 53", H: 70"	264 lbs.
Cable Cross Over	A971	L: 160", W: 34", H: 87"	2 x 220 lbs.
Cable Tower	A973	L: 42", W: 34", H: 83"	220 lbs.

### Upholstery Colors:



### Frame Color:



### Warranty:

Frame: 10 years  
 Weight Stacks/Guide Rods: 5 years  
 Cables, belts, bearings: 3 years  
 Grips: 1 year  
 Upholstery: 6 months  
 Any item not specified: 6 months

### Frame:

- Heavy gauge steel oval tubing – stronger than rectangular tubing
- Electrostatically applied powder coat finish with additional clear coat layer

### Cushions:

- Contoured and bolstered for comfort and support
- Reinforced in key areas for additional durability
- No exposed folds or flaps

### Weight Stacks:

- Cold rolled, solid steel plates
- Precision bushings deliver smooth, silent travel
- Integrated incremental weights allow 3 lb. and 6 lb. increments
- Magnetic selector pins

### Adjustments:

- All seat adjustments are gas assisted
- All range limiters, ROM's and seat adjustments are color coded

### Belts/Cables/Pulleys:

- All belts are Kevlar reinforced
- Cables are internally lubricated for maximum life
- Pulleys are deep-channel with sealed bearing centers

## Strength SERIES



The all new Strength Series from SportsArt Fitness has literally reinvented an entire category. Its breakthrough blend of form and function will redefine what you should expect in premium strength products.

Since 1981, SportsArt Fitness has led the fitness industry with innovative design, creative engineering solutions, and world class manufacturing. The result is unique products with enhanced features that benefit all users.

# SportsArt<sup>FITNESS</sup> Strength Series

Finally, a strength line worthy of the SportsArt Fitness name. One look suggests this is something very special. One use confirms it.



**Independent Chest Press (A915)**

- Independent arm resistance for equal muscle training
- Multi-position handles provide training variety
- Converging press arms follow a natural path
- Dimensions: L: 55", W: 60", H: 78"
- Stack Weight: 220 lbs.



**Independent Shoulder Press (A917)**

- Gas assisted seat adjustment
- Converging press arms follow a natural path
- Rotating handles reduce wrist stress
- Dimensions: L: 57", W: 63", H: 70"
- Stack Weight: 286 lbs.



**Lateral Raise (A919)**

- Low starting resistance
- Targets medial deltoid
- Split resistance ensures equal muscle development
- Dimensions: L: 55", W: 63", H: 70"
- Stack Weight: 132 lbs.



**Lat Pull Down (A926)**

- Thickly padded foam thigh pads for security
- Gas assisted seat adjust
- Dimensions: L: 51", W: 65", H: 84"
- Stack Weight: 220 lbs.



**Pullover (A923)**

- Gas assisted seat pad for easy adjustment
- ROM and range limiter are accessible from seated position
- Dimensions: L: 71", W: 49", H: 70"
- Stack Weight: 264 lbs.



**Assisted Chin/Dip (A911)**

- Multi position handles facilitate a variety of users
- Knee pad folds up and away for unassisted training
- Dimensions: L: 55", W: 46", H: 105"
- Stack Weight: 220 lbs.



**Low Row (A918)**

- Comfortable padded seat
- Non-skid footplates
- Smooth range of motion
- Dimensions: L: 82", W: 34", H: 77"
- Stack Weight: 264 lbs.



**Pec Fly/Rear Delt (A922)**

- Gas assisted seat adjust
- Independent arm resistance ensures equal muscle training
- Machine incorporates two different exercise options
- Dimensions: L: 51", W: 60", H: 77"
- Stack Weight: 220 lbs.



**Back Extension (A932)**

- Back Extension
- Upper pad adjusts to fit any torso size
- Adjustable ROM and range limiter
- Dimensions: L: 59", W: 65", H: 70"
- Stack Weight: 242 lbs.



**Leg Extension (A957)**

- Gas assisted seat back allows proper alignment of pivot point
- ROM, range limiter and tibia pad adjustments can all be reached from seated position
- Dimensions: L: 63", W: 51", H: 70"
- Stack Weight: 220 lbs.



**Glute (A955)**

- Comfortable adjustable pad accommodates users of all shapes and sizes
- Non-skid footplate
- Dimensions: L: 48", W: 48", H: 70"
- Stack Weight: 176 lbs.



**Lying Leg Curl (A958)**

- Angled pads minimize low back stress
- Pad adjusts to fit all users
- Adjustable ROM and range limiter
- Dimensions: L: 79", W: 51", H: 70"
- Stack Weight: 220 lbs.



**Leg Press (A956)**

- Non-Skid footplate
- Smooth, natural motion is less stressful on joints and lower back
- Easily adjustable seat position for users of all sizes
- Dimensions: L: 87", W: 59", H: 77"
- Stack Weight: 220 lbs. (1:2 ratio equals 440 lbs)



**Abduction (A951)**

- Easily adjustable ROM accommodates all users
- Padded knee cushions enhance comfort
- Dimensions: L: 65", W: 44", H: 70"
- Stack Weight: 264 lbs.



**Adduction (A952)**

- Padded knee cushions enhance comfort
- Adjustable start position allows easy access for users of all sizes
- Smooth, natural and adjustable range of motion
- Dimensions: L: 65", W: 55", H: 70"
- Stack Weight: 264 lbs.



**Biceps Curl (A912)**

- Easy axis alignment adjusts to fit different arm lengths
- Gas assisted seat adjust
- Dimensions: L: 42", W: 46", H: 70"
- Stack Weight: 220 lbs.



**Triceps Extension (A925)**

- Pivoting handle accommodates users of different sizes
- Arm and seat pads are angled to provide maximum stability
- Dimensions: L: 65", W: 46", H: 70"
- Stack Weight: 220 lbs.



**Independent Lat Pull Down (A916)**

- Independent resistance arms for equal muscle training
- Thick foam thigh pads for added security
- Gas assisted seat adjust
- Dimensions: L: 57", W: 34", H: 83"
- Stack Weight: 220 lbs.



**Mid Row (A921)**

- Gas assisted seat adjust
- Independent resistance arms for equal muscle training
- Adjustable chest pad to fit users of different shapes and sizes
- Dimensions: L: 63", W: 51", H: 78"
- Stack Weight: 220 lbs.



**Pec Deck (A933)**

- Independent arm resistance for equal muscle training
- Comfortable padded seat with gas assisted seat adjust
- Dimensions: L: 55", W: 61", H: 70"
- Stack Weight: 220 lbs.



**Abdominal Crunch (A931)**

- Comfortable padded seat supports back
- Unique design effectively isolates abdominal muscles for maximum training benefits
- Dimensions: L: 44", W: 53", H: 70"
- Stack Weight: 264 lbs.



**Cable Cross Over (A971)**

- Multi-position adjustable pulleys provide unlimited exercise options
- Multi-position handles for chin ups
- Dimensions: L: 160", W: 34", H: 87"
- Stack Weight: 2 x 220 lbs.



**Cable Tower (A973)**

- Dual pulley system for smooth operation
- Easily adjustable for multiple exercise options
- Dimensions: L: 42", W: 34", H: 83"
- Stack Weight: 220 lbs.